

## MARCH



s Best					1	7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Counselor near you: BF Coordinator: (240) 880-1893 GT/SGH: (301) 820-5022 GB/SGH: (301) 820-5029 L/TP/GRN/WAH: (301) 820-5028 SS/HC: (301) 820-5027 WT/HC: (301) 820-5026 (CCI-Montgomery County)		Legend: GT- Gaithersburg GB-Greenbelt WT-Wheaton SS-Silver Spring GRN-Germantown L/TP-Langley/Tacoma Park SGH-Shady Grove WAH-Washington Adventist HC-Holy Cross	Clinic Phone Numbers GB: 301-840-8339 GT:301-515-7576 L/TP: 301-439-7373 or 301-439-7375 SS: 301-438-7456 WT: 301-933-6680 GRN: 240-638-1270 *indicates Spanish class	1 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	2 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	3 L/TP Walk-in BF Hours 8-4:30pm
4	5 GB Walk-in BF Hours 8:30am-5pm GT Walk-in BF Hours 8-4:30pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	6 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	7 GT Walk-in BF Hours 8-4:30pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	8 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	9 GB Walk-in BF Hours 10am-4:30pm GT Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	10 GRN Walk-in BF Hours 8-4:30pm
11	12 L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	14 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	15 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	16 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	17 L/TP Walk-in BF Hours 8-4:30pm
18	19 GB Walk-in BF Hours 8:30am-5pm GT Walk-in BF Hours 8-4:30pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	20 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	21 GT Walk-in BF Hours 8-4:30pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	23 GB Walk-in BF Hours 10am-4:30pm GT Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	24 L/TP Walk-in BF Hours 8-4:30pm
25	26 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	27 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am	28 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	30 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	31



## APRIL



9's Best 3		30				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 GT Walk-in BF Hours 8-4:30pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	3 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am	4 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	5 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	6 GB Walk-in BF Hours 10am-4:30pm GT Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	7 L/TP Walk-in BF Hours 8-4:30pm
8	9 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	TO GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am	11 L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	13 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	14
15	16 L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	17 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	18 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	20 GB Walk-in BF Hours 10am-4:30pm GT Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	21 L/TP Walk-in BF Hours 8-4:30pm
22	23 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	24 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	25 L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	26 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	27 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	28
29	30 L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	To Contact a Breastfeeding Counse BF Coordinator: (240) 880-1893 GT/SGH: (301) 820-5022 GB/SGH: (301) 820-5029 L/TP/GRN/WAH: (301) 820-5028 SS/HC: (301) 820-5027 WT/HC: (301) 820-5026 (CCI-Montgomery County)	lor near you:	Legend: GT- Gaithersburg GB-Greenbelt WT-Wheaton SS-Silver Spring GRN-Germantown L/TP-Langley/Tacoma Park SGH-Shady Grove WAH-Washington Adventist HC-Holy Cross	Clinic Phone Numbers GB: 301-840-8339 GT:301-515-7576 L/TP: 301-439-7373 or 301-439-7375 SS: 301-438-7456 WT: 301-933-6680 GRN: 240-638-1270 *indicates Spanish class	



## MAY



s Best			1			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend: GT- Gaithersburg GB-Greenbelt WT-Wheaton SS-Silver Spring GRN-Germantown L/TP-Langley/Tacoma Park SGH-Shady Grove WAH-Washington Adventist HC-Holy Cross	Clinic Phone Numbers GB: 301-840-8339 GT:301-515-7576 L/TP: 301-439-7373 or 301-439-7375 SS: 301-438-7456 WT: 301-933-6680 GRN: 240-638-1270 *indicates Spanish class	1 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm	2 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	4 GB Walk-in BF Hours 10am-4:30pm GT Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	5 L/TP Walk-in BF Hours 8-4:30pm
6	7 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	8 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	9 L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	10 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	11 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	12
13	14 L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	15 GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	16 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	17 GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	18 GB Walk-in BF Hours 10am-4:30pm GT Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	19 L/TP Walk-in BF Hours 8-4:30pm
20	21 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	L/TP Walk-in BF Hours 8-4:30pm SS Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm	25 GB Walk-in BF Hours 10am-4:30pm L/TP Walk-in BF Hours 10am-4:30pm SS Walk-in BF Hours 10am-4:30pm GRN Walk-in BF Hours 10am-4:30pm	26
27	28 Closed	GT: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm SS: BF Basics – 1pm BF Support – 2pm Walk-in BF Hours – 8am–4:30pm GRN: BF Basics – 9am BF Support – 2pm Walk-in BF Hours – 8am–4:30pm Walk-in BF Hours – 8am–4:30pm	30 GB Walk-in BF Hours 8:30am-5pm L/TP Walk-in BF Hours 8-4:30pm GRN Walk-in BF Hours 8-4:30pm	GB: BF Basic – 9am BF Support – 1pm, 2:30pm* Walk-in BF Hours 8:30am-5pm L/TP: BF Basics – 9am, 1pm* BF Support – 10am Walk-in BF Hours 8am – 4:30pm WT: BF Basic – 9am BF Support – 10am Walk-in BF Hours 8am-4:30pm Walk-in BF Hours 8am-4:30pm	To Contact a Breastfeeding Counse BF Coordinator: (240) 880-1893 GT/SGH: (301) 820-5022 GB/SGH: (301) 820-5029 L/TP/GRN/WAH: (301) 820-5028 SS/HC: (301) 820-5027 WT/HC: (301) 820-5026 (CCI-Montgomery County)	lor near you: